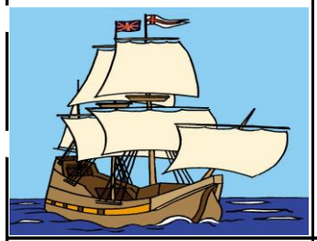
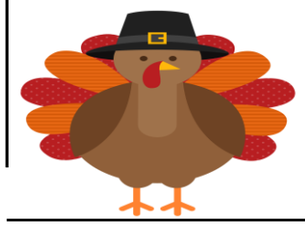
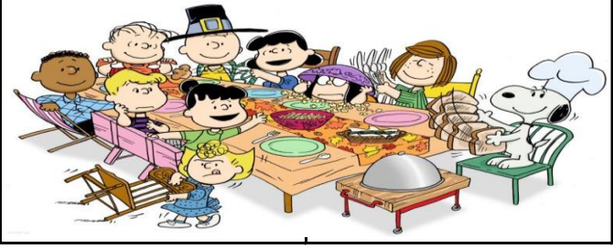
" NOVEMBER 2026 "

WEST HARTFORD HEALTH AND REHABILITATION CENTER

"TRANQUILITY UNIT PROGRAMMING"

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 10:00 SING - A - LONG 12:00 DINING W/ FRIENDS 2:00 MOVIE SOCIAL *INDIVIDUAL VISITS* *6:00 MOVIE 37*	3 10:00 TRIVIA 12:00 DINING W/ FRIENDS 2:00 PUMPKIN CORN HOLE INDIVIDUAL VISITS DD: GREEN 6:00 MOVIE 37	4 10:00 SPIRITUAL SING - A - LONG 12:00 DINING W/ FRIENDS 2:00 BALLOON VOLLEYBALL 6:00 MOVIE 37	5 10:00 SING - A - LONG 12:00 DINING W/ FRIENDS 2:00 MUSICAL TWISTER . . . BEAUTY SALON VISITS 6:00 MOVIE 37	6 10:00 YOU TUBE MUSIC 12:00 DINING W/ FRIENDS 2:00 FUN & TREATS RR *DD: CAMO* INDIVIDUAL VISITS 6:00 MOVIE 37	7 10:00 COFFEE HOUSE NEWS . . . # 2:00 ALL ABOUT APPLES . . . # *W/ GENA* 6:00 MOVIE 37
8 	9 10:00 SING - A - LONG 12:00 DINING W/ FRIENDS 2:00 MOVIE SOCIAL INDIVIDUAL VISITS 6:00 MOVIE 37	10 10:00 TRIVIA 12:00 DINING W/ FRIENDS 2:00 ENTERTAINMENT W/ *LARRY BATTER RR* *DD: TURQUOISE* INDIVIDUAL VISITS 6:00 MOVIE 37	11 *8:00 BREAKFAST CLUB* 10:00 SPIRITUAL *SING - A - LONG* 12:00 DINING W/ FRIENDS 2:00 HOCKEY 6:00 MOVIE 37	12 10:00 SING - A - LONG 12:00 DINING W/ FRIENDS 2:00 MUSICAL TWISTER . . . BEAUTY SALON VISITS 6:00 MOVIE 37	13 10:00 YOU/TUBE MUSIC 12:00 DINING W/ FRIENDS 2:00 FUN & TREATS RR *DD: ANIMAL* *INDIVIDUAL VISITS* 6:00 MOVIE 37	14 10:00 FULL GOSPEL CHURCH # *2:00 THANKSGIVING* WORDSEARCH . . . # *W/LAURA* 6:00 MOVIE 37
15 	16 10:00 SING - A - LONG 12:00 DINING W/ FRIENDS 2:00 MOVIE SOCIAL *INDIVIDUAL VISITS* 6:00 MOVIE 37	17 10:00 TRIVIA 11:30 RESIDENT LUNCHEON 2:00 ENTERTAINMENT W/ MIKE MARKOWITZ RR *DD: YELLOW* INDIVIDUAL VISITS 6:00 MOVIE 37	18 10:00 SPIRITUAL *SING - A - LONG* 12:00 DINING W/ FRIENDS 2:00 KICK BALL 6:00 MOVIE 37	19 10:00 SING - A - LONG 12:00 DINING W/ FRIENDS 2:00 MUSICAL TWISTER . . . BEAUTY SALON VISITS 6:00 MOVIE 37	20 10:00 YOU TUBE MUSIC 12:00 DINING W/ FRIENDS 2:00 FUN & TREATS RR DD: THANKSGIVING *INDIVIDUAL VISITS* 6:00 MOVIE 37	21 10:00 PAINTING W/ BRIANNA RR 2:00 THANKSGIVING *FRIENDLY FEUD #* *W/LAURA* 6:00 MOVIE 37
22 	23 10:00 SING - A - LONG 12:00 DINING W/ FRIENDS 2:00 MOVIE SOCIAL INDIVIDUAL VISITS 6:00 MOVIE 37	24 10:30 PASTOR BRIAN RR 12:00 DINING W/ FRIENDS 2:00 ENTERTAINMENT W/ CHIIP AMES RR *DD: BROWN* INDIVIDUAL VISITS *6:00 MOVIE 37*	25 10:00 SPIRITUAL SING -A - LONG 12:00 DINING W/ FRIENDS 2:00 TURKEY BOWLING 6:00 MOVIE 37	26 	27 10:00 YOU TUBE MUSIC 12:00 DINING W/ FRIENDS 2:00 FUN & TREATS RR *DD: CRAZY HAT* *INDIVIDUAL VISITS* 6:00 MOVIE 37	28 *10:00 EUCHARISTIC* *MINISTER #* *2:00 A DAY OF THANKS #* *W/GENA* 6:00 MOVIE 37
29 	30 10:00 SING - A - LONG 12:00 DINING W/ FRIENDS 31 2:00 MOVIE SOCIAL INDIVIDUAL VISITS 6:00 MOVIE 37		THERAPEUTIC RECREATION STAFF RICK DELLA PENNA GENA PERODEAU LAURA EDWARDS	CALENDAR IS SUBJECT TO CHANGE . . . TRANQUILITY THERAPEUTIC RECREATION LAURA EDWARDS TRD	WEATHER PERMITTING *WE WILL TRY TO GO OUTSIDE* IN FRONT OR SIT IN THE BACK *WHERE WE CAN LOOK* OUT OVER THE TROUT BROOK	

WEST HARTFORD HEALTH AND REHABILITATION CENTER

NOVEMBER 2026'

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 FAMILY VISITS 6:00 MOVIE 37	2 10:00 TRIVIA PURSUIT # 2:00 CARDO # 3:15 PUZZLE TIME # 6:00 MOVIE 37	3 10:00 CURRENT EVENTS # 2:00 HANGMAN # 5:00 DINNER & YAHTZEE RR DRESS DOWN GREEN 6:00 MOVIE 37	4 10:00 EUCHARISTIC MINISTER # 10:30 ROSARY # 2:00 BALLOON VOLLEYBALL # 3:15 PUZZLE TIME # 6:00 MOVIE 37	5 10:00 ART ADVENTURE # 2:00 BINGO # 3:15 PUZZLE TIME # 5:00 DINNER & MOVIE RR 6:00 MOVIE 37	6 10:00 MORNING GAMES # 2:00 FUN & TREATS RR DRESS DOWN CAMO 6:00 MOVIE 37	7 10:00 COFFEE HOUSE NEWS # 2:00 ALL ABOUT APPLES # 6:00 MOVIE 37 W/GENA
8 FAMILY VISITS 6:00 MOVIE 37	9 10:00 HANGMAN RR 2:00 CARDO # 3:15 PUZZLE TIME # 6:00 MOVIE 37	10 10:00 CURRENT EVENTS # 2:00 ENTERTAINMENT W/ LARRY BATTER RR 5:00 DINNER & YAHTZEE RR DRESS DOWN TURQUOISE 6:00 MOVIE 37	11 8:00 BREAKFAST RR 10:00 EUCHARISTIC MINISTER # 10:30 ROSARY # 2:00 CORN HOLE # 3:15 PUZZLE TIME # 6:00 MOVIE 37	12 10:00 ART ADVENTURE # 2:00 BINGO # 3:15 PUZZLE TIME # 5:00 DINNER & MOVIE RR 6:00 MOVIE 37	13 10:00 MORNING GAMES # 2:00 FUN & TREATS RR DRESS DOWN ANIMAL 6:00 MOVIE 37	14 10:00 FULL GOSPEL CHURCH # 2:00 THANKSGIVING WORD SEARCH # 6:00 MOVIE 37 W/LAURA
15 FAMILY VISITS 6:00 MOVIE 37	16 10:00 TRIVIA PURSUIT # 2:00 CARDO # 3:15 PUZZLE TIME # 6:00 MOVIE 37	17 10:30 PROTESTANT CHURCH 11:30 RESIDENT LUNCHEON 12:00 ENTERTAINMENT W/ MIKE MARKOWITZ RR 5:00 DINNER & YAHTZEE RR DRESS DOWN YELLOW 6:00 MOVIE 37	18 10:00 EUCHARISTIC MINISTER # 10:30 ROSARY # 2:00 BASKETBALL # 3:15 PUZZLE TIME # 6:00 MOVIE 37	19 10:00 ART ADVENTURE # 2:00 BINGO # 3:00 RESIDENT COUNCIL # 3:15 PUZZLE TIME # 5:00 DINNER & MOVIE RR 6:00 MOVIE 37	20 10:00 MORNING GAMES # 2:00 FUN & TREATS RR DRESS DOWN THANKSGIVING 6:00 MOVIE 37	21 10:00 PAINTING W/ BRIANNA RR 2:00 THANKSGIVING FRIENDLY FEUD # 6:00 MOVIE 37 W/LAURA
22 FAMILY VISITS 6:00 MOVIE 37	23 10:00 WORD SCRAMBLE RR 2:00 CARDO # 3:15 PUZZLE TIME # 6:00 MOVIE 37	24 10:00 CURRENT EVENTS # 2:00 ENTERTAINMENT W/ CHIP AMES RR 5:00 DINNER & YAHTZEE RR DRESS DOWN BROWN 6:00 MOVIE 37	25 10:30 ROSARY # 2:00 BOWLING # 3:15 PUZZLE TIME # 6:00 MOVIE 37	26 HAPPY THANKSGIVING 6:00 MOVIE 37	27 10:00 MORNING GAMES # 2:00 FUN & TREATS RR DRESS DOWN CRAZY HAT 6:00 MOVIE 37	28 10:00 EUCHARISTIC MINISTER # 2:00 A DAY OF THANKS # 6:00 MOVIE 37 W/GENA
29 FAMILY VISITS 6:00 MOVIE 37	30 10:00 TRIVIA PURSUIT # 2:00 CARDO # 3:15 PUZZLE TIME # 6:00 MOVIE 37			KEY CODE RR -- RECREATION ROOM W1 -- REFLECTION * -- BLISS A & B # -- HARMONY DINING ROOM 37 -- CHANNEL 37	CALENDAR SUBJECT TO CHANGE	THERAPEUTIC RECREATION STAFF RICK A. DELLA PENNA GENA PERODEAU LAURA EDWARDS