



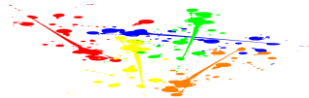






WEST HARTFORD HEALTH AND REHABILITATION CENTER

" MARCH 2023 "

"TRANQUILITY UNIT PROGRAMMING"

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>TRANQUILITY</u> <u>LAURA EDWARDS TRD</u></p> <p><u>THERAPEUTIC</u> <u>RECREATION STAFF</u> <u>RICK A. DELLA PENNA</u> <u>GENA PERODEAU</u> <u>ETHAN TAYLOR</u></p>	<p><u>PROGRAMS</u> <u>AND</u> <u>TIMES</u> <u>ARE SUBJECT</u> <u>TO CHANGE . . .</u></p>	<p><u>EVERY EVENING</u> <u>MOVIES</u> <u>6:00 P. M.</u> <u>CHANNEL 37</u></p>	<p>10:00 1:1 VISITS <u>10:30 ROSARY</u> 11:00 SENSORY MESSAGES 12:00 DINING W/ FRIENDS 2:00 SING - A - LONG 3:00 AFTERNOON MOVIE</p>	<p>10:00 1:1 VISITS 10:30 NAIL MANICURES 12:00 DINING W/ FRIENDS 2:00 BALLOON VOLLEYBALL 3:00 AFTERNOON MOVIE</p>	<p>10:00 1:1 VISITS 10:30 YOUTUBE FRIDAY 12:00 DINING W/ FRIENDS <u>2:00 FUN & TREATS</u> 3:00 AFTERNOON MOVIE <u>DRESS DOWN</u> <u>CARIBBEAN</u></p>	<p><u>10:00 PET VISITS WITH</u> <u>BAILEY . . .</u></p> <p>2:00 <u>GROUP</u> <u>WORD SEARCH . . .</u></p> <p><u>W/LAURA</u></p>
<p><u>MARCH COMES IN</u> <u>LIKE A LION . . .</u></p> 	<p>10:00 1:1 VISITS 10:30 HAND MESSAGES 11:00 JIGSAW PUZZLES 12:00 DINING W/ FRIENDS 2:00 BALLOON VOLLEYBALL 3:00 AFTERNOON MOVIE</p> <p><u>BEAUTY SALON DAY</u></p>	<p>10:00 1:1 VISITS 10:30 SENSORY MESSAGES 12:00 DINING WITH FRIENDS <u>2:00 ENTERTAINMENT WITH</u> <u>DOUG CARDIANI</u> 3:00 AFTERNOON MOVIE <u>DRESS DOWN</u> <u>GREY</u></p>	<p><u>8:00 BREAKFAST CLUB RR</u></p> <p>10:00 1:1 VISITS 10:30 ROSARY 11:00 SENSORY MESSAGES 12:00 DINING WITH FRIENDS 2:00 SING - A - LONG 3:00 AFTERNOON MOVIE</p>	<p>10:00 1:1 VISITS 10:30 NAIL MANICURES 12:00 DINING W/ FRIENDS 2:00 BALLOON VOLLEYBALL 3:00 AFTERNOON MOVIE</p>	<p>10:00 1:1 VISITS 10:30 YOUTUBE FRIDAY 12:00- DINING W/ FRIENDS <u>2:00 FUN & TREATS</u> 3:00 AFTERNOON MOVIE <u>DRESS DOWN</u> <u>MOVIE CHARACTER</u> 6:00 <u>MOVIE</u></p>	<p><u>10:30 FULL GOSPEL</u> <u>CHURCH SERVICE #</u></p>  <p>2:00 <u>1:1 VISITS . . .</u></p> <p><u>W/GENA</u></p>
<p><u>SPRING FORWARD!</u> Daylight Saving Time</p> 	<p>10:00 1:1 VISITS 11:00 JIGSAW PUZZLES 12:00 DINING W/FRIENDS 2:00 BALLOON VOLLEYBALL 3:00 AFTERNOON MOVIE</p> <p><u>BEAUTY SALON DAY</u></p>	<p>10:00 1:1 VISITS <u>10:30 SENSORY MESSAGES</u> 12:00 DINING W/ FRIENDS 2:00 <u>ENTERTAINMENT W/</u> <u>BILL WALLACH . . . RR</u></p> <p><u>DRESS DOWN</u> <u>GREEN</u></p>	<p>10:00 1:1 VISITS <u>10:30 ROSARY</u> 11:00 SENSORY MESSAGES 12:00 DINING WITH FRIENDS 2:00 SING - A - LONG 3:00 AFTERNOON MOVIE</p>	<p>10:00 1:1 VISITS 10:30 NAIL MANICURES 12:00 DINING W/ FRIENDS 2:00 BALLOON VOLLEYBALL 3:00 AFTERNOON MOVIE</p>	<p><u>Happy</u> <u>St. Patrick's</u> <u>Day</u></p>  <p>2:00 <u>SOCIAL</u> <u>DRESS DOWN</u> <u>ST. PATRICK'S DAY</u></p>	<p><u>10:30 PAINTING W/</u> <u>BRIAN COLBATH RR</u></p>  <p>2:00 <u>POKENO . . .</u></p> <p><u>W/ETHAN</u></p>
<p><u>GOES OUT</u> <u>LIKE A LAMB . . .</u></p> 	<p><u>FIRST DAY OF</u> <u>Spring</u> MARCH 20</p>  <p><u>BEAUTY SALON DAY</u></p>	<p><u>10:30 PROTESTANT</u> <u>CHURCH RR</u> <u>12:00 FACILITY BBQ . . . RR</u> <u>1:00 ENTERTAINMENT W/</u> <u>W/ CHIP AMES . . . RR</u> 3:00 AFTERNOON MOVIE <u>DRESS DOWN: PURPLE</u></p>	<p>10:00 1:1 VISIT <u>10:30 ROSARY</u> 12:00 DINING W/ FRIENDS 2:00 SING - A - LONG 3:00 AFTERNOON MOVIE</p>	<p>10:00 1:1 VISITS 10:30 NAIL MANICURES 12:00 DINING W/ FRIENDS 2:00 BALLOON VOLLEYBALL 3:00 AFTERNOON MOVIE</p>	<p>10:00 1:1 VISITS 10:30 YOUTUBE FRIDAY 12:00 DINING WITH FRIENDS <u>2:00 FUN & TREATS</u> 3:00 AFTERNOON MOVIE <u>DRESS DOWN</u> <u>PICK A DECADE</u></p>	<p>10:00 <u>PET VISITS WITH</u> <u>MILO . . .</u></p> <p>2:00 <u>OUTSIDE TIME . . .</u></p> <p><u>W/ETHAN</u></p>
	<p>10:00 1:1 VISITS 11:00 JIGSAW PUZZLES 12:00 DINING W/FRIENDS 2:00 BALLOON VOLLEYBALL 3:00 AFTERNOON MOVIE</p> <p><u>BEAUTY SALON DAY</u></p>	<p>10:00 1:1 VISITS 10:30 SENSORY MESSAGES 11:00 JIGSAW PUZZLES 12:30 <u>PIZZA LUNCHEON RR</u> 2:00 MANICURES 3:00 AFTERNOON MOVIE <u>DRESS DOWN</u> <u>BLACK</u></p>	<p>10:00 1:1 VISIT <u>10:30 ROSARY</u> <u>12:00 DINING W/ FRIENDS</u> 2:00 SING - A - LONG 3:00 AFTERNOON MOVIE</p>	<p>10:00 1:1 VISITS 10:30 NAIL MANICURES 12:00 DINING W/ FRIENDS 2:00 BALLOON VOLLEYBALL 3:00 AFTERNOON MOVIE</p>	<p>10:00 1:1 VISITS 10:30 YOUTUBE FRIDAY 12:00 DINING WITH FRIENDS <u>2:00 FUN & TREATS</u> 3:00 AFTERNOON MOVIE <u>DRESS DOWN</u> <u>CRAZY HAT</u></p>	<p><u>Happy</u> <u>April</u></p> 

MARCH 2023'

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
THERAPEUTIC RECREATION STAFF RICK A. DELLA PENNA GENA PERODEAU LAURA EDWARDS ETHAN TAYLOR		CALENDAR SUBJECT TO CHANGE	1 10:30 ROSARY # 2:00 MINI GOLF RR 3:15 PUZZLE TIME # 6:00 MOVIE 37	2 10:30 CURRENT EVENTS # 2:00 BINGO # 3:15 ADULT COLORING # 5:00 DINNER & MOVIE RR 6:00 MOVIE 37	3 10:30 CHAIR YOGA # 2:00 FUN & TREATS DRESS DOWN CARIBBEAN 6:00 MOVIE 37	4 10:00 WORD SEARCH # 2:00 BALLOON VOLLEYBALL # 6:00 MOVIE 37 W/LAURA
5 FAMILY VISITS 6:00 MOVIE 37	6 10:30 MIND IN MOTION # 2:00 CARDO # 3:15 PUZZLE TIME # 6:00 MOVIE 37	7 10:30 CURRENT EVENTS # 2:00 ENTERTAINMENT W/ DOUG CARDIANI RR 5:00 DINNER & YAHTZEE # DRESS DOWN GREY 6:00 MOVIE 37	8 8:00 BREAKFAST CLUB RR 10:30 ROSARY # 2:00 BASKETBALL # 3:15 PUZZLE TIME # 6:00 MOVIE 37	9 10:30 CURRENT EVENTS # 2:00 BINGO # 3:15 ARTS & CRAFTS # 5:00 DINNER & MOVIE RR 6:00 MOVIE 37	10 10:30 ZUMBA # 2:00 FUN & TREATS DRESS DOWN MOVIE CHARACTER 6:00 MOVIE 37	11 10:30 FULL GOSPEL CHURCH SERVICE # 2:00 VISIT TIME 6:00 MOVIE 37 W/GENA
12 FAMILY VISITS 6:00 MOVIE 37	13 10:30 MIND IN MOTION # 2:00 CARDO # 3:15 PUZZLE TIME # 6:00 MOVIE 37	14 10:30 CURRENT EVENTS # 2:00 ENTERTAINMENT W/BILL WALACH 3:15 PUZZLE TIME # 5:00 DINNER & MOVIE # DRESS DOWN GREEN 6:00 MOVIE 37	15 1:30 ROSARY # 2:00 BALLOON VOLLEYBALL # 6:00 ST. PATRICK'S DAY FAMILY DINNER W/LARRY BATTER RR 6:00 MOVIE 37	16 10:30 CURRENT EVENTS # 2:00 BINGO # 4:00 BAKING & DINNER W/GENA RR 6:00 MOVIE 37	17 10:30 CHAIR YOGA # 2:00 ST. PATRICK'S DAY SOCIAL RR DRESS DOWN ST. PATRICK'S 6:00 MOVIE 37	18 10:30 OIL PAINTING WITH BRIAN RR 2:00 POKENO # 6:00 MOVIE 37 W/ETHAN
19 FAMILY VISITS 6:00 MOVIE 37	20 10:30 MIND IN MOTION # 2:00 CARDO # 3:15 PUZZLE TIME # 6:00 MOVIE 37	21 10:30 PROTESTANT CHURCH 12:00 FACILITY BARBECUE 2:00 ENTERTAINMENT W/ CHIP AMES RR 5:00 DINNER & YAHTZEE # DRESS DOWN PURPLE 6:00 MOVIE 37	22 10:30 ROSARY # 2:00 BOWLING RR 3:15 PUZZLE TIME # 6:00 MOVIE 37	23 10:30 CURRENT EVENTS # 2:00 BINGO # 3:00 RESIDENT COUNCIL # 3:15 ADULT COLORING # 5:00 DINNER & MOVIE RR 6:00 MOVIE 37	24 10:30 ZUMBA # 2:00 FUN & TREATS # DRESS DOWN PICK A DECADE 6:00 MOVIE 37	25 10:00 PET VISIT W/MILO 2:00 OUTSIDE TIME 6:00 MOVIE 37 W/ETHAN
26 FAMILY VISITS 6:00 MOVIE 37	27 10:30 MIND IN MOTION # 2:00 CARDO # 3:15 PUZZLE TIME # 6:00 MOVIE 37	28 10:30 CURRENT EVENTS # 12:30 PIZZA LUNCHEON RR 3:15 PUZZLE TIME # 5:00 DINNER & YAHTZEE # DRESS DOWN BLACK 6:00 MOVIE 37	29 10:30 ROSARY # 2:00 BASEBALL RR 3:15 PUZZLE TIME # 6:00 MOVIE 37	30 10:30 CURRENT EVENTS # 2:00 BINGO # 5:00 DINNER & MOVIE RR 6:00 MOVIE 37	31 10:30 CHAIR YOGA # 2:00 FUN & TREATS DRESS DOWN CRAZY HAT 6:00 MOVIE 37	KEY CODE RR -- RECREATION ROOM W1 -- REFLECTION * -- BLISS A & B # -- HARMONY DINING ROOM 37 -- CHANNEL 37